

## Information Sheet:

### IMPORTANT DETAILS:

**Travel:** You will be responsible for purchasing your flight in to the closest airport, Brasilia, the capital of Brazil. Upon arrival July 14th, you will be met and transferred to the Hotel in Brasilia where I will be staying. Upon arrival, at the hotel breakfast will be provided for you before starting our tour. If you are coming in a day early let us know and we will book a room at my hotel for you (cost approx \$120).

Abadiania is approx 90 minutes travel time from the airport so on the 24th you will be transferred back to the airport at Brasilia in time to connect with your flight.

**Requirements: Visa** - To visit Brazil, you must obtain a Visa from the Brazilian Consulate. Here is a list of the [Consulates](#) worldwide. If you are within the USA, I recommend you use [VISA EXPRESS](#). Forms can be completed online and FedEx can pick up the envelope. Allow 2-3 weeks for this service. It can be rushed for an additional fee. **You must have an itinerary of a round trip ticket to Brazil. You must have a passport with an additional six months validity, a passport size photo, payment and a completed application form. You must apply for a TOURIST VISA, not a Medical Visa. Visitors from certain European countries do not require visas - please check.**

**For Your Visa you will be asked for the address you are staying at:**

Your address in Brazil for your visa, give them the following address

Pousada Luz Divina

Rua 1 de Maio Qd A Lt 19 Vila Bastos

Abadiania, GO

Brasil CEP 72940-000



### PREPARATIONS FOR THE TRIP:

The Entities request that people wear white to The Casa. There are many small boutiques in Abadiania selling white clothes for the time we will be there. On the days that John of God is not present at the Casa which is four days of the week we are for resting, meditating, group discussions, trips to the waterfall, watching movies, chanting, having healing on the crystal beds, etc.

You will need:

- White clothes for three days (comfortable cotton for sitting in meditation - include white socks and white undergarments)
- Casual pants and skirts for sightseeing
- Casual tops, short sleeve and a few long sleeved
- Sweater and wrap/shawl as it is a little chilly in the mornings and again in the evenings
- Bathing suit for the Sacred Waterfall
- Comfortable walking shoes, sport or casual sandals/flip-flops (can buy in town)
- Sunglasses
- Hat (can buy in town)
- Sunscreen
- Personal toiletries
- Vitamins and supplements
- Alarm clock
- Small flashlight
- Ear plugs
- Eye mask
- Photos of family and friends to take to the Entity
- I would also bring a waterproof windbreaker and a folding umbrella just in case we get some showers.

Abadiania runs on 220 Volts electricity. Most computers, iPhones, etc. work with this voltage. Confirm your hairdryer can use 220V. Some electric outlets require a plug converter (you can bring one or buy one in Abadiania).

You can bring your personal computer as most pousadas and cafes have wireless internet. There are also a few internet cafes with printing services, etc. At Fruttis Juice Bar you can make inexpensive international calls.

Abadiania is a simple place so there is no need for expensive jewelry or fancy clothes. There are no ATMs in Abadiania. You must bring cash with you. You can exchange money at the airport, however you can usually get a better rate in Abadiania. The Casa Store and some shops take credit cards for larger purchases and is a currency exchange where you can change US \$ in local currency or you can get cash from your credit card or for a small fee.

**Additional Optional Expenses based on our 2 week stay:**

<b>Item</b>	<b>Cost in R\$ (Brazilian Real)</b>
Blessed Casa water (2 liters/day)	50
Casa herbs (2) prescriptions	120
Acai health drink or snack (daily)	130
Crystal beds (3 visits/week)	120
Massage	80
Gifts from The Casa	150
Movie Show (weekly)	5
Taxi to hotel (after surgery)	20
Airport snacks	25
Gratuities	25
Internet/Phone/Printing	25

**Total in Brazilian Real R\$750** converts to 250 approx but I would bring \$500 in cash.